



NSP Quarterly Meetings and Topics 2026

The NSP Quarterly meetings are back for 2026. They are being held on the third Monday of March, June, and September.

These classes remain a training opportunity for Nature Sunshine Members and your downline. Additionally, it will be made available to the NITE students and alumni for continuing education and internship hours. If you have an assistant or staff member that needs to learn more about natural remedies, these meetings and training courses would be a great opportunity to educate your staff for free.

While the focus of the quarterly meetings will be herbs, vitamins, and minerals primarily from Nature's Sunshine, about 30% to 40% of the items discussed will cover other suppliers of herbs, flower essences, essential oils, and specialized supplements. Dr. Baker will also discuss home remedies, food, and therapies when appropriate.

For the best experience for everyone, all face-to-face meetings will require you to RSVP so that we can provide everyone with materials at the beginning of class.

Classes are 9 a.m. to 4 p.m.

Lunch is on your own

RSVP to (989) 773 – 3636

NSP Quarterly Meeting Schedule:

Classes are 9 a.m. to 4 p.m.

Lunch is on your own

RSVP to (989) 773 – 3636

March 16 – RSVP by March 12

June 15 – RSVP by June 11

September 21 – RSVP by September 17

Topics by Date

March 16:

- Learn the NSP Herbal Blends for the Digestive, Intestinal, and Urinary Systems
- How to Muscle Test NSP Products for an Individual's Needs
- Understanding our Powders, Proteins, and Drinks

June 15:

- Learn the NSP Herbal Blends for the Respiratory, Circulatory, and Structural Systems
- Understanding our Salves, Lotions, Oils, and Creams
- How to successfully run a multi-level business as part of your professional practice

September 21:

- Learn the NSP Herbal Blends for the Nervous, Glandular, and Immune Systems
- Understanding our Chinese Herbal Line
- Protocols for Numerous Acute Conditions
- The Magic of On-The-Spot Solutions