



# NSP Quarterly Meetings and Trainings 2025

The NSP Quarterly meetings are back for 2025. They are being held on the third Monday of March, June, and September. This year Dr. Baker will be offering a one-hour online NSP training on the third Thursdays of each month. And another online opportunity to learn about other unique products and business education on the fourth Thursdays of each month. Thirty minutes will be dedicated to business education, and the remainder of time to product description and its uses.

These classes remain a training opportunity for Nature Sunshine Members and downline. Additionally, it will be made available to NITE students and alumni for continuing education and internship hours. If you have an assistant or staff that need to learn more about natural remedies, these meetings and training courses would be a great opportunity to educate your staff for free.

While the focus of the quarterly meetings will be herbs, vitamins, and minerals primarily from Nature's Sunshine, about 30% to 40% of the items discussed will cover other suppliers of herbs, flower essences, essential oils, and specialized supplements. Dr. Baker will also discuss home remedies, food, and therapies when appropriate.

For the best experience for everyone, all face-to-face meetings will require you to RSVP so that we can provide everyone with materials at the beginning of class.

## NSP Quarterly Meeting Schedule:

Classes are 9 a.m. to 4 p.m.

Lunch is on your own

RSVP to (989) 773 – 3636

**March 17 – RSVP by March 13**

**June 16 – RSVP by June 12**

**September 15 – RSVP by September 11**



Dr. Baker Live Online:

NSP Meeting Schedule 7:30 – 8:30pm

GoToMeeting Platform

Product and business education meeting schedule:

**February 20, March 20, April 17, March 15, June 19**

If you wish to participate in this, you will need to login to GoToMeeting:

<https://meet.goto.com/289533789>



Dr. Baker Live Online:

Unique Products: 7:30 – 8:30pm

GoToMeeting Platform

Product and business education meeting schedule:

**February 27, March 27, April 24, May 22, June 26**

If you wish to participate in this, you will need to login to GoToMeeting:

<https://meet.goto.com/289533789>

To enter the meeting room, without using the GoTo App, just type in your browser:

<https://meet.togo.com/289533789>

# Topics by Date

## March 17:

- **Anxiety / Depression: Understanding Neurotransmitters**
- **Healing Asthma, Allergies, Emphysema, and Lung Cancer**
- **Herbal Remedies for Pets**
- **Uttati Oils of Seduction**
- **Spring Cleanses**
- **NSP Business Plans**

## June 16:

- **Headaches, Migraines, and Body Pains**
- **Better Eyesight through Natural Health**
- **Advanced Muscle Testing for Emotional Healing**
- **Top 10 Plant Stem Cells for Healing**
- **Immune Building Remedies**

## September 15:

- **Herbs for Weight Release**
- **Glandular Body Typing**
- **Understanding Brain Dominance for Mental Health**
- **Homeopathic Constitutional Types**
- **Understanding NSP Business Plans**