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Iridology & Sclerology

Your eyes reveal the health of your body. With Iridology, we look at the iris, or the colored part of the eye. The fiber structures that make up the iris are actually nerve fibers, and these nerves reflex to every part of the body. So, by assessing the fibers and colors that show, we can determine which areas of the body lack balance and need nourishment. With Sclerology, we are looking at the sclera, or the whites of the eyes. The different red lines and markings that appear in the whites also relate to parts of the body. Generally, the iris reveals more long-standing imbalances, while the sclera reveals areas of concern right now. Learn all about yourself through your own eyes! We give you a photo of your eyes and show you every detail that your body is illustrating!