

Therapies Available

Body Vibe Machine

Increase circulation, detoxification, weight loss, build muscle tone and bone density 20 Minutes \$3

Detoxing Foot Soak

Pull heavy metals and other toxins out of the body with a nice relaxing foot soak! 30 Minutes \$20

Automatic Massage Bed

Incorporates acupressure, infrared heat and healing powers of jade and massage 30 Minutes 4

Magnetic Bio-Photon Bed

Magnetic therapy restores the body, reduces pain associated with arthritis, sore muscles and imbalances caused by our intense world of technology 60 Minutes \$8 / 30 Minutes \$4

Infrared Sauna

Creates a passive cardiovascular workout by increasing metabolism in the body 60 Minutes $16\/$ 30 Minutes 12

Color/Sound Therapy

This therapy is used reenergize and bring balance to the body and restore health 60 Minutes 84 / 30 Minutes 4



Contact Us Herbs etc / 503 East Broadway Street / Mount Pleasant, MI 48858 Phone: (989) 773-3636 / Email: <u>contact@herbsetc.info</u> / Web: herbsetc.info

Michigan's Foremost Authority on Natural Health



Services & Therapies

Naturopathic Consultations, Massage Vitamins, Herbs, Homeopathics and More!

Feel Better Today!

Herbs etc is a retail store providing natural health products and services that will empower you to take charge of your own health and wellbeing. Products include herbs, vitamins, minerals, healthy snacks, herbal teas, books, essential oils, ear candles, products for specific blood types, natural personal care items, a large selection of homeopathic remedies, and so much more! Services include several types of Therapeutic Massage, Diet and Health Consultations, Iridology, Colon Hydrotherapy, Live Blood Cell Analysis, Reflexology and other great services to help you on your path to good health.

Services Available

Full Health Evaluation

Includes assessments, nutrition, herb and naturopathic suggestions 90 Minutes \$99 / 60 Minutes \$69 / 30 Minutes \$36

Urgent Care / Ask the Naturopath

Quick, specific help 30 Minutes \$36 / 15 Minutes \$20

Biological Age Assessment

An in-depth analysis of pH and chemistry of the body 90 Minutes \$99 / 60 Minutes \$69 / 30 Minutes \$36

Live Blood Cell Analysis

An in-depth analysis of live blood cells 90 Minutes \$99 / 60 Minutes \$69 / 30 Minutes \$36

Iridology

Includes iris pictures and analysis 90 Minutes \$99 / 60 Minutes \$69 / 30 Minutes \$36

Homeopathy

Extensive interview to determine which homeopathic remedies are best for you 90 Minutes \$99 / 60 Minutes \$69 / 30 Minutes \$36

Voice Analysis

Discover what your voice has to say about your health 30 Minutes \$36

Reflexology

Working with the pressure points on the feet 60 Minutes \$59 / 30 Minutes \$30



Sound Therapy

Work with a voice therapist using tuning forks, musical bowls and your voice to establish organ balance 90 Minutes \$99 / 60 Minutes \$69 / 30 Minutes \$36

Colon Hydrotherapy

Cleansing of the lower intestinal tract

First appointment: 90 Minutes \$79 with consultation / Following Appointments \$50 or six for \$270 $\,$

Emotional Release

Using essential oils for emotional healing 90 Minutes \$99 / 60 Minutes \$69

N.O.T. (Neurological Organizational Technique)

Reestablishes communication of the nervous system with all other systems in the body, restoring ideal function using light pressure points 60 Minutes \$69 / 30 Minutes \$36

Whole Body Tuning

In-depth therapy using color, sound and essential oils specific to each individual/session 120 Minutes \$129 / 60 Minutes \$69

Massage Therapy

Therapeutic, Relaxation, Deep Tissue, Sinus Pressure Relief, Lymphatic Drain, CranioSacral Therapy, Myofascial Release, Pregnancy, Chair 120 Minutes \$109 / 90 Minutes \$89 / 60 Minutes \$59 / 30 Minutes \$39 15 Minute Chair \$12 Series Discount Available: Prepay for a series of six 1-hour massage services for \$300 Infant or Adolescent Massage: 20 Minutes \$20 Hot Rock Therapy: 90 Minutes \$99 / 60 Minutes \$69 Raindrop Therapy: 60 Minutes \$69

Intuitive Counseling and Holistic Bodywork

This wellness-based service is for relieving physical and emotional distress, using mindfulness and meditation approaches, creative problem solving, guidance in behavioral change, grief work, subtle energy balancing and release 90 Minutes \$99 / 60 Minutes \$69 / 30 Minutes \$36

